



# THE AMO SPA CANGGU

INDULGE IN ONE OF THE BEST SPA IN BALI



**BALI**



For centuries a spa referred to a location where people enjoyed healing, medicinal baths in mineral-rich spring or seawater. Entire towns grew around these springs, such as World Heritage City of Bath, where Celts and Romans bathed in natural thermal waters over 2,000 years ago.

Historic destinations like the Thermae Bath Spa in England are still very popular, however, today spas also focus on a vast range of beauty and wellness treatments designed to help you feel and look your best. And most are not near a thermal mineral spring.

When you think of a “spa getaway,” you’re probably imagining a stay at a destination spa. (Or as Spa finder describes it, travel that helps you feel healthier and happier when you check out than when you checked in) While there aren’t many true destination spas, the experience is life changing and their devotion to wellness has a big impact on the industry. Expect to find lots fitness activities, healthy living, nutrition and cooking classes and wellness lectures, hiking along with a world-class spa.

Most destination spas offer immersive experiences, meaning healthy meals and snacks, classes and accommodations are included in the daily rate. (Some include spa treatments) Destination spa getaways are available in all price ranges.

As resorts and hotels add exceptional spas and wellness programming to their amenities, the line is blurring—somewhat—between destination spas and spa resorts/hotels. However, at a resort, you’ll find more alcohol and opportunities to party, along with spas, fitness centers, hiking and outdoor sports, swimming, etc.—even wellness centers. In other words, you will find more wellness options at a healthy hotel but still be able to indulge in a hamburger and fries. Wellness-focused resort spas and hotels may also be a better choice for families and business travelers who need office and meeting facilities.

**Canggu’s AMO spa** one of the best SPA in Bali; Inspired by typical New York spa days. Which means a trip here comes with all the trimmings: extra-luxe treatments, a combination of solo treatments or spa packages with friends, and a healthy cafe — one of Bali’s best places to eat for a chilled lunch — to refuel your body after you’re done with your treatments.

AMO spa is a top spot in Canggu and, thanks to its location right in the center, means it’s usually always first to know about new offerings and specialist procedures. As well as the typical massage and facial menu, AMO spa offers waxing, IV therapy, nails and hair treatments. When you’re not being pampered and polished, the sauna is a brilliant spot for relaxing and enjoying everything that AMO spa has to offer.





### Day 1: Arrival Bali (D)

Upon arrival airport, transfer to Melastic Beach – Dinner at Jimbaran Seafood BBQ – check in Canggu Hotel (51 mins journey)  
 抵达机场后，前往梅拉斯蒂海滩 - 金巴兰海鲜烧烤晚餐  
 - 入住仓古酒店（51 分钟车程）

### Day 2: Bali (B/L/D)

Breakfast at hotel, proceed to Lempuyang Temple – Tirta Gangga – Tenganan Village – Virgin Beach  
 早餐后，前往天空之门 - 巴厘岛水宫 - 登安南村 - 处女海滩

### Day 3: Bali (B)

Breakfast at resort, proceed to Amo Spa  
 早餐后，前往 AMO SPA 中心位於仓古中心

#### Indulging Romantic Spa:

- Welcome drink (coffee or tea), light breakfast
- 迎賓飲料 (咖啡或茶), 簡便的早餐
- Sauna session, enjoy complimentary sauna facilities before starting the treatment. Sit by the jacuzzi or in the sauna room and steam provided
- 开始前享受桑拿设施，按摩浴缸或蒸汽桑拿房。
- 30min Dry Brushing Pre AMO Massage scrub for 1hour, a Rejuvenate Me massage for 1hour in our couple room
- 在情侣房中进行 30 分钟干刷 Pre AMO 磨砂，再進行 1 小时的按摩
- Light lunch / canapes, one glass of cocktail
- 簡便的午餐 / 點心, 一杯雞尾酒
- Spa Manicure & Pedicure with 30min foot / shoulder massage
- 水疗手指美甲和修脚趾甲, 30 分钟足部/肩部按摩

### Day 4: Departure (B)

Breakfast at resort, transfer to airport for flight home.  
 早餐后，前往机场返回家。





*\*Sequence of itinerary subject to arrangement*

<b>4*Hotel</b>	<b>Traveling Period: Now – 31<sup>st</sup> December 2023</b>
	<b>Ground Arrangement – MYR   FIT</b>
	<b>2 Person</b>
CANGGU: Sense Canggu Hotel (Suite Garden View)	<b>3,988</b>

**Included:**

- Transportation Airport – Canggu – Airport
- 4-night accommodation with breakfast as per itinerary
- Welcome drink (coffee or tea)
- Sauna, jacuzzi or in the sauna room and steam room provided
- 30mins Dry Brushing Pre AMO massage scrub for 1 hour
- Meals as itinerary stated
- Spa Mani & Pedi (manicure & pedicure with 30min foot / shoulder massage)

**Excluded:**

- International flight ticket & airport taxes.
- All personal incidental expenses, room service, laundry, luggage handling fees, excess baggage charges, beverage, telephone telex, personal and baggage insurance.
- Other items which is not stated in the itinerary.
- Travel insurance (highly recommended).
- Peak Season date & Surcharge Subject to change without prior notice, block out date TBA upon booking confirmation.

**Remarks:**

1. Private tour GV.2 per booking
2. Non-refundable deposit of **RM 500/Pax** upon booking confirmation.
3. Guarantee Departure. Private Tour.
4. Tour packages are only applied for Malaysian passport holder.
5. Prices are quoted per person in Ringgit Malaysia (MYR) & subject to change without prior notice.
6. Hotel rooms are subject to availability. If selected hotel unavailable, others similar accommodation will be provided with different price apply (if any).
7. Hotel check in time 15.00 – onwards. Check out time 12.00.
8. Sequence of itinerary subject to local arrangement.
9. No services have been blocked under your favor, subject to availability upon your confirmation.

**\*\* All the prices will be subject to change based on availability \*\***

For Enquiry, please check the: <https://www.goldendestinations.com/>

